



In time of need our clergy are *always* available to you. Contact them directly through the synagogue or (when the synagogue is closed) by listening to the message at the synagogue for how to contact them.

In addition, The Community Synagogue, in partnership with the UJA-Federation of New York, provides a number of ways to support you, those you love and others in our community in time of need. Among them are:

# • PARTNERS IN CARING (PIC)

A full array of Specialized Services through our synagogue's PIC Social Worker: Audrey Bernstein, LMSW, PIC SW & Support Group Coordinator, ext 211, <a href="mailto:abernstein@sijcc.org">abernstein@sijcc.org</a>. Services include support groups and individual, short-term counseling at no charge to you as a synagogue member. Area of service include

- Bereavement
- Divorce/Separation
- Caregiver support
- Sandwich Generation
- Unemployment/Underemployment
- Womens' Transition, and
- o Many other life changing issues are explored with our caring, experienced social workers.

### • CONNECT TO CARE

Free services and programs for those affected by the current economic environment, including employment and career transition services, workshops, financial consultations, legal services, networking events. Contact: Peggy Jaeger, Director of UJA & Community Initiatives, ext.177, pjaeger@sjjcc.org

### CANCER WELLNESS PROGRAM: "STRENGTH TO STRENGTH"

Professionally facilitated groups providing exercise and conversations tailored to the special needs of individuals recovering from, or actively engaged in, a cancer treatment regimen. Contact: Randy Hight, LCSW, Strength to Strength Coordinator, ext. 213, <a href="mailto:rhight@sjicc.or">rhight@sjicc.or</a>

### • AUTISM & OTHER DEVELOPMENTAL NEEDS

Social, recreational, and respite programs and special events for children, teens, young adults and adults, as well as workshops and support groups for their family members. Contact: Pam Zimmer, M.S.Ed, Special Needs Coordinator, ext 148, <a href="mailto:pzimmer@sjjcc.org">pzimmer@sjjcc.org</a>

# • ALZHEIMER'S, YOUNG ONSET DEMENTIA & OTHER CHRONIC CONDITIONS

Programs and services providing special support for those of any age with memory loss and/or other neurological impairments. Contact: Taylor Herbert, LMSW, Dir. of Specialized Senior Services, ext. 114, <a href="mailto:therbert@sijcc.org">therbert@sijcc.org</a>

Our Warm Line is staffed by your caring, professional social workers CALL 516.484.1545, ext. 196

Phone calls are always free and confidential